ENDODIABOLOGY
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NORTHEAST NEWSLETTER FOR SPECIALTY TRAINEES AND BOSSES TRAPPED IN THE NORTHERN DEANERY

October 2016
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SIR PLACEMENTS

RVI
Ali Aldibiat
Taimur Gulfan
Yasir Mamoojee
Murali Ganguri
Usman Javaid
Vikram Lal
Jehangir Abbas : 1.9.16 to 30.11.16
Catherine Napier 1.8.16
Kerry Devine  Month of August 2016
Alteyeb Abdul Aziz  Month of August 2016

James Cook University Hospital
Suhel Ashraff
Ahmed Al-Sherafi
Ramesh Vanka
Friarage
Manjima Uchampalli
Northumbria
Community:
Satish Artham
North Tyneside
Owain Leng
Wansbeck
Inamullah Khan
Gateshead
2 ACLS at 50% clinical 50% academic
50% academic time strictly protected
Anna Mitchell
Earn Hui Gan
Darlington
Muhammed Azmi
Durham
Kerry Devine
South Tyneside
Su Ann Tee (80% LTFT)
Sunderland
Alison Heggie
Mavin Macaulay
North Tees
David Bishop
Alteyeb Abdul Aziz

MEETINGS / LECTURES / ANNOUNCEMENTS

- 9th November 2016 ½ day SpR GI(JM) teaching, Freeman Hospital. Contact Sue Archibald 0191 223 1247 sue.archibald@nuth.nhs.uk
- 23rd November 2016 RCP Updates in Medicine, Centre for life. Contact 0191 223 1247
- 8th-10th March 2017 Diabetes UK APC. Glasgow. Contact www.diabetes.org.uk/conference
- 20th-22nd March 2017 SFE Clinical Update, Birmingham. Contact www.endocrinology.org/meetings
- 1st-4th April 2017 ENDO 2016 Orlando, USA. Contact endostaff@endo-society.org or www.endo-society.org/scimeetings
- 25th April 2017 Acute Medicine Conference, Life Centre Newcastle. Contact Sue Archibald sue.archibald@nuth.nhs.uk
- 9th-13th June 2017 American Diabetes Association 76th Annual Scientific Sessions, San Diego, USA. Contact meetings@diabetes.org

TRAINING ISSUES

Documenting CCU and ITU experience It is essential that trainees document their CCU and ITU experience. This is best done by keeping a summary log of the cases seen on CCU and ITU and linking it with reflection or assessment. This should then be signed off by your Educational Supervisor to be of any use at the G(J)M PYAs.

MRCP Diabetes & Endocrinology This exam has to be completed and passed by all trainees appointed after August 2007 before their PYA. We recommend sitting it ASAP and well before your PYA.

The Kelly-Young MRCP Diabetes & Endocrinology Prize This prize is awarded annually at NERRAG to the youngest in terms of training year StR passing the MRCP Diabetes & endocrinology exam. Richard Quinton secures the funding of £400 and it is named after 2 distinguished former Endocrinologists in the region, Bill Kelly and Eric Young. We are pleased to announce that Murali Ganguri won the prize this year. Well done.

Critical incident/complaint If you are involved in a critical incident or if reporting an incident concerning training issues please inform your supervisor and the TPD. Ensure they are reflected upon in your portfolio.

Portfolio Completion It is essential for trainees to engage with their portfolio on a regular basis and record learning. It is also essential to record the numbers of patients seen as news or reviews for clinics, on-call, ambulatory care. It is essential to record the number of specialty clinics undertaken. Undertaking this activity means that your Educational Supervisor should be able to engage with the portfolio so as to provide you that assessment for ARCP purposes.

Management Training A regional management programme is in place for StRs. Contact Alison Heggie alison_heggie@hotmail.com for more information.

From the TPD Thanks to all the trainers and trainees for another great year.

The GMC Survey 2016 showed brilliant results with our programme in top 3 ranks in 11 out of 15 domains. Both Newcastle Hospitals and South Tees hospitals Trusts appear in top 3 ranks in 11 out of 15 domains. We continued to be successful in the recruitment, achieving 100% placements.

The ARCP outcomes were 100% both in speciality and GIM in May this year.

We announced our first set of medals and prizes this year on 4 categories and Anna Mitchell did extremely well in winning those prizes. The standards of publications submitted by many SpRS were excellent which ALL received very positive comments from the external judges. Please continue the wonderful work this year, we will have the same prizes on 4 categories.
Thanks to Earn Gan and her team developing a wonderful research day on 12.7.16. We will be making it a regular annual meeting.

I as TPD will arrange to meet all the trainees to receive feedback from you all about ARCP, placements, GIM training, Speciality training opportunities, study days, and all issues and concerns on the back of the information and feedback received from the local survey and the GMC Survey. We will come back to you with a consolidated date.

The future is bright and I expect by March 2017, our programme will step into a new future with new leadership. Please continue with your enthusiasm to be the best in the world

The rotation for the next year is:

Training Committee Programmes Director- Arutchelam Vijayaraman Vijayaraman.Arutchelam@stees.nhs.uk; Education CME Lead- Steve Ball s.g.ball@ncl.ac.uk; Quality Management lead-Dr Peter Carey Peter.Carey2@chs.northy.nhs.uk; Consultant member- Richard Quinton, Richard.Quinton@nuth.nhs.uk; Consultant member-Jean MacLeod, Jean.Macleod@nuth.nhs.uk; Consultant member-Simon Eaton, simon.eaton@northumbria-healthcare.nhs.uk; Consultant member-Salman Razvi salman.razvi@ghnt.nhs.uk ; Consultant member-Paul Peter paul.peter@cdnah.nhs.uk; Consultant Member- Sath Nag sath.nag@stees.nhs.uk; Consultant member-Nicky Leech nicola.leech@nuth.northy.nhs.uk; ST4 representative- Jahangir Abbas jehangir11@yahoo.com ; ST4 representative- Ali Aldibiat ali.aidibiat@gmail.com

NEWS FROM THE NORTHEAST

- ENDDIABOLOGY is keen to have trainee input from the region in the form of an Associate Editor. If you wish to take this role on please contact Shaz Wahid shahid.wahid@stft.nhs.uk
- The DiRECT (Diabetes Remission Control Trial) has completed recruitment. The keenness of a sizeable proportion of the whole primary care Type 2 diabetes population is reflected in this outcome to date. The first full analysis of outcomes of the randomised trial will be available autumn 2017.
- NERRAG 2016 went very well and was well attended. The next meeting will be Wednesday 11th October 2017. A date for your diary.
- Sajid Kalathil has moved on to pastures new, planning to go abroad in 2017.

LETTERS

Introducing the Web Editor Team-David Bishop
The North East Endocrine Network have recruited three trainees to act as ‘web editors’ and it is our aim to try and bring the website (endocrinenortheast.co.uk) up to date (and keep it that way!) over the next few months. We will endeavour to promote regional research and audit projects, important news and dates for your diary and educational resources for trainee development. We will also be seeking to further develop the website in ways to better serve the trainees, consultants and patients that are covered by the network. We have a few ideas of things we can do to achieve this, but would also welcome any suggestions you might have. If you have any suggestions or news items, research articles or audits that you would like us to post on the site please send them to info@endocrinenortheast.co.uk.

Update from Professor Simon Pearce
The BES and ABCD meetings are back-to-back Nov 7th-10th for people’s delection, including the final day of BES with a how to do it session, and a focus on thyroid disease, pregnancy, obesity and diabetes, so for people not doing much pituitary and adrenal it would make a good 2 days one at day 3 of SfE and followed by ABCD. There are advantageous registration rates available if you are a member of either organisation.

Also, we have a phase I first-in-man clinical trial of a new peptide therapy for Graves’ disease underway in Newcastle. If you have patients who have mild thyrotoxicosis (FT4 <35) with positive TRAb and who haven’t yet received carbimazole, we would be interested to let them have the study information. Once they have received carbimazole they can’t be in the study for 3 months.

Nineteenth Clinico pathological Conference on Pituitary Disease
Thursday 2nd February 2017
Royal College of Obstetricians and Gynaecologists, London
Abstract Reminder!
Abstract Submission:
Please click on the following link to download the abstract submission form http://cfscevents.co.uk/event/19th-clinico pathological-conference/. Successful submissions will be invited to either present a poster or give an oral presentation at the conference.

The type of case that works well in this format is one that poses diagnostic or management problems, where several secondary treatments could be considered or where there is a small case series to learn from.

Please ensure all submissions are sent to kirsty@cfscevents.co.uk before Thursday 1st December 2016.

This is a case based discussion forum interspersed with hot topics in pituitary disease. The multidisciplinary approach combines surgical, endocrinology and oncology treatment approaches. This year’s programme will contain approximately 15 cases of various pituitary disorders.

Registration:
An early bird rate of £140 (Inc VAT) is available until Friday 25th November 2016.
Click Here to Register for this Event
For more information and a map to the venue, please go to www.cfscevents.co.uk

RECENT PUBLICATIONS FROM THE NORTHEAST


NEXT NEWSLETTER Due out beginning of February 2017 so keep the gossip coming.